

# Walking together with Jesus

## *Lent Retreat 2019*



12 March - 16 April

Rose and Greg McCrave



Pathways  
TO GOD

**Six Tuesday's in Lent starting 12<sup>th</sup> March**

**7.30pm – 9.00pm**

**Xaverian Missionary Spirituality Centre  
169 Sharoe Green Lane Fulwood PR2 8HE**

**Rose & Greg McCrave 07866 736067**

*Take some time out  
Deepen your relationship with God  
Explore new ways of praying  
Find help with any kind of decision*

## **What is the Lent Retreat?**

It is a daily time of prayer (aiming at 15-30 minutes) and weekly meeting of around an hour with others doing the retreat and a prayer guide.

## **Who is it for?**

Anyone who is already Christian and who wants to deepen their prayer life, or someone who is not sure what they believe but is willing to take a risk and seriously explore the reality of God. Either way, it is for any generous soul willing to commit to the elements of the week.

## **What is the programme?**

The core elements are personal prayer each day, using scripture of the day, then reviewing how that prayer time went, and meeting with your group weekly. During the weekly meeting there will be opportunity for sharing and input on different ways of praying and how to deepen your relationship with God.

## **Why take part in the retreat?**

When we are generous, God is more so. We encounter a God who loves and calls us. It can also help us feel connected with our local community.

## **How much does it cost?**

Please talk to your prayer guide if there is any cost to do with the running of this retreat such as materials. If you wish you may also make a donation to Jesuits in Britain spirituality programme.

### **How do I sign up?**

If you know you want to participate, talk to Rose and Greg McCrave. **You can also register for daily emails and access to online resources on [www.pathwaystogod.org/lentretreat2019/signup](http://www.pathwaystogod.org/lentretreat2019/signup)**

### **Who organises the retreat?**

The retreat has been organized by the spirituality team from Jesuits in Britain and there will be resources available to you via their website, [www.pathwaystoGod.org](http://www.pathwaystoGod.org)

### **How much does it cost?**

Rose & Greg are running the group on a purely voluntary basis, however a £5 per week donation is requested to assist with venue costs.

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**All are welcome to attend any of the sessions individually however, attendance at the 6 weekly Tuesdays, offers a complete Lent retreat on Ignatian Spirituality. We will be covering the following topics:**

**March 12th :** Week 1: Lectio Divina

**March 19th:** Week 2: Imaginative Contemplation

**March 26th:** Week 3: Examen (Review of Prayer)

**April 2nd:** Week 4: Finding God in All Things

**April 9th:** Week 5: Discernment

**April 16th:** Week 6: Holy Week/Our Lord's Passion

